

Sheckler Elementary October '23

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Chicken Fingers w/ WG
Pretzel Rod
Assorted Fresh Fruit
Steamed Broccoli
Baby Carrots
Choice of Milk & Daily Selections

3 Fish Sticks
Tater Tots
Assorted Fresh Fruit
Green Beans
Baby Carrots
Choice of Milk & Daily Selections

4 Mini Corn Dogs

Assorted Fresh Fruit
Potato Chips / Baked Beans
Baby Carrots
Choice of Milk & Daily Selections

5 Macaroni and Cheese WG
Side Salad
Assorted Fresh Fruit

Baby Carrots
Choice of Milk & Daily Selections

6 Maxx Stix WG
With Tomato Sauce
Green Beans
Assorted Fresh Fruit
Baby Carrots
Choice of Milk & Daily Selections

9

Schools Closed
No Meals Served

10 Chicken Nuggets
With WG Pretzel Rod
Choice Of Fruit
Steamed Corn
Baby Carrots
Choice of Milk & Daily Selections

11 Waffles with Syrup
Sausage Patties
Assorted Fresh Fruit
Hash Browns
Baby Carrots
Choice of Milk & Daily Selections

12 Grilled Cheese Sandwich WG
Tater Tots
Assorted Fresh Fruit
Green Beans
Baby Carrots
Choice of Milk & Daily Selections

13 Pizza WG
Steamed Corn
Assorted Fresh Fruit

Baby Carrots
Choice of Milk & Daily Selections

16 Chicken Fingers w/ WG
Pretzel Rod
Assorted Fresh Fruit
Steamed Broccoli
Baby Carrots
Choice of Milk & Daily Selections

17 French Toast Sticks WG
with Syrup & Sausage
Assorted Fresh Fruit
Tater Tots
Baby Carrots
Choice of Milk & Daily Selections

18 Meatball Sub
On a WG Roll
Assorted Fresh Fruit
Side Salad
Baby Carrots
Choice of Milk & Daily Selections

19 Sloppy Joe!
on WG Bun! Potatio Chips
Assorted Fresh Fruit
Mixed Vegetables
Baby Carrots
Choice of Milk & Daily Selections

20 Pizza WG
Green Beans
Assorted Fresh Fruit

Baby Carrots
Choice of Milk & Daily Selections

23 Chicken Nuggets
With WG Pretzel Rod
Choice Of Fruit
Steamed Broccoli
Baby Carrots
Choice of Milk & Daily Selections

24 Cheeseburger

Assorted Fresh Fruit
Tater Tots
Baby Carrots
Choice of Milk & Daily Selections

25 Hot Dog
on a WG Bun
Assorted Fresh Fruit
Baked Beans
Baby Carrots
Choice of Milk & Daily Selections

26 Ham & Chs Pretzelwich
Side Salad
Assorted Fresh Fruit

Baby Carrots
Choice of Milk & Daily Selections

27 Pizza WG
Steamed Corn
Assorted Fresh Fruit

Baby Carrots
Choice of Milk & Daily Selections

30 Chicken Fingers
With WG Pretzel Rod
Assorted Fresh Fruit
Steamed Broccoli
Baby Carrots
Choice of Milk & Daily Selections

31 Sausage Egg and
Cheese on an English Muffin
Side Salad
Hash Browns
Baby Carrots
Choice of Milk & Daily Selections

1 Beef A Roni WG
Breadsticks
Assorted Fresh Fruit
Peas
Baby Carrots
Choice of Milk & Daily Selections

2 Pierogies w/ Tomato Sauce
Side Salad
Assorted Fresh Fruit

Baby Carrots
Choice of Milk & Daily Selections

3 Pizza WG
Steamed Corn
Assorted Fresh Fruit

Baby Carrots
Choice of Milk & Daily Selections

WG+ Whole Grain Rich

Menu is Subject To Change Without Notice