Return to Fall Sports
Adapted from PIAA Return to Competition Guidelines 7/29/2020

Face Coverings:
- Coaches, athletes, staff, and spectators (if permitted) must wear face coverings when on the sidelines when social distancing is not possible.
- Masks must be used while indoors (and not participating in sports), in the locker room, in the Athletic Training room, on the bus, when entering a visiting school and AT room.
- Game officials should use face coverings whenever possible.

Water:
- Athletes are encouraged to bring their own water bottle
- If water bottles or cups need to be refilled, one representative (Student/coach/AT) should use gloves to refill the water bottle.
- If an athlete does not have a water bottle, the athlete can be assigned a clean water bottle for the day or disposable cups should be used.

Spectators:
- Spectator capacity will be set by the state and all are always encouraged to wear masks indoors and outdoors when social distancing is not possible.

Screenings:
- All athletes and coaches should be screened within 2 hours prior to competition.
- Traveling teams should be screened by their home AT prior getting on the bus.
- All officials, visiting coaches not on bus, and staff (game clock operator, game manager, chain crew, etc…) should be screened by the home AT.

Modalities:
- Ice bags should not be re-used.
- If using E-stim, each athlete should have their own individual pads
- Shared equipment (US, Game Ready, rehab tools) should be disinfected between use.
- Hot packs should be wrapped with a towel for individual use. These should not be self-serve.
- Use of cold tubs should be one individual at time and cleaned after use. Use of turbine is discouraged.

Locker Rooms:
- Locker rooms should be operated at reduced capacity. This may mean athletes use the locker room in shifts. Masks should be used while in the locker room.
- Capacity/shifts need to be enforced by the team coaches.

Specific Sports:
- Refer to the PIAA Return to Competition Guidelines released 7/29/2020.